



JOIN OUR TEAM: Aquatic Exercise Instructor

COM Aquatics is seeking an enthusiastic and certified Aquatics Group Exercise Instructor to plan, prepare, and lead safe, effective, and engaging aquatic fitness classes for participants of all ages, abilities, and fitness levels. The ideal candidate will utilize sound aquatic exercise techniques, music, equipment, and class modifications to help participants improve cardiovascular endurance, muscular strength, flexibility, balance, mobility, and overall wellness. Instructors are responsible for creating a positive, welcoming, and inclusive environment that encourages participation and supports individual fitness goals.

Key Responsibilities:

- Plan and deliver aquatic fitness classes that are safe, effective, and enjoyable.
- Adapt exercises to accommodate varying fitness levels, physical abilities, and participant needs.
- Incorporate appropriate aquatic fitness equipment, music, and instructional techniques.
- Monitor participant safety and provide clear exercise demonstrations and modifications.
- Foster a motivating, supportive, and inclusive class atmosphere.
- Maintain a clean, organized, and safe aquatic environment.
- Follow all facility policies, aquatic fitness standards, and emergency procedures.
- Communicate professionally with participants, staff, and facility management.

Qualifications:

- Current Aquatic Group Exercise Instructor certification or equivalent nationally recognized certification.
- Current CPR/AED and First Aid certification.
- Knowledge of aquatic fitness principles, exercise safety, and class design.
- Strong communication, leadership, and customer service skills.
- Ability to motivate and engage participants of diverse ages and abilities.

Benefits:

- Membership to COM Aquatics
- 50% off Swim Team or Dive Team dues only
- \$100 stipend per year towards training and/or CPR

How to apply:

- **Email** your resume to sparmer@comaquatics.com
- **Questions?** Contact Sarah Parmer, Director of Adult Fitness & Wellness at (432) 318-2108

Come work for a unique, non-profit organization in Midland, Texas. Help us fulfill our mission of...
Creating life-changing environments where success is certain!